

**GI ASSOCIATES ENDOSCOPY
10500 S. CICERO OAK LAWN, IL 60453
UPPER ENDOSCOPY/EGD INSTRUCTION SHEET**

DATE/TIME OF PROCEDURE _____ **LOCATION** _____

The night before your procedure you are to have nothing by mouth after midnight until after your test is over.

You may take your medications as usual the day before your procedure. All heart, blood pressure and seizure medicines are to be taken the day of the test. If you are diabetic, do not take your medications for your diabetes (this includes pills and or injections) prior to the procedure. You should check your blood sugar the morning of your procedure. Please inform the staff when you arrive that you are diabetic. Do not take aspirin, Coumadin or prednisone the morning of the test. Please contact the office if you take any of these medications on a daily basis one week prior to your procedure.

If you are having your procedure done at the office, you will receive a call the day before your procedure confirming your appointment and the time you should arrive.

If your procedure is at the hospital you need to arrive an hour before your scheduled time.

You must have a ride the day of your procedure. You must have someone come in and sign you out.

- You receive sedation for the procedure and you are not allowed to drive, drink alcohol or work the day of your procedure.

What you can expect during and after the procedure

- An IV will be started. It will be used to administer the sedation and a medication to help dry up your secretions.
- Your mouth may be dry all day. Hydrate yourself well with lots of water after your procedure. Start slowly to make sure you can swallow ok.
- You may resume your normal diet after the procedure unless otherwise instructed by your doctor.
- If a biopsy is taken, you can expect results in one week.

Please notify your doctor if you experience:

- Significant pain, persistent nausea/vomiting
- Fever, chills. Temperature greater than 101.
- Rectal bleeding (bright red or dark stools).

CHECK WITH YOUR INSURANCE IF PREAUTHORIZAION IS REQUIRED FOR THIS EXAM. PLEASE FEEL FREE TO CONTACT OUR OFFICE AT (708) 424-1202 IF YOU HAVE ANY QUESTIONS RELATED TO YOUR EXAM.

NOTE: \$200 WILL BE ASSESSED FOR ALL PROCEDURES CANCELLED LESS THAN 48HRS PRIOR TO PROCEDURE OR FAILURE TO SHOW FOR PROCEDURE.